



Health Care Provider's Release for Massage During Pregnancy

To: Carol Pearson, LMT
Certified Pregnancy and Labor Massage Therapist
920 Ash Avenue
Ames, IA 50014-7828
(515) 296-2250

_____ is under my supervision for her prenatal health care. Her pregnancy is progressing normally. She has nothing in her health history that would contraindicate therapeutic massage at this time. I have listed below any limitations in massage procedures for this patient:

[Signature - Prenatal Health Care Provider]

[Date]